



Millennium Aesthetics

M E D I C A L A E S T H E T I C S & S K I N C A R E

POLYNUCLEOTIDES AFTERCARE FORM

1. Protocol Reminder: Repeat treatment once every 15 to 30 days with 2-4 consecutive treatments in total.
2. Results last 6 – 12 months, depending on age and lifestyle.
3. When to Expect Results: Polynucleotides are a biostimulator so results begin to show from 60 days after the initial treatment
4. Expected side effects: ·Some swelling in the under-eye area for 3-5 days, Bruising, redness
5. Things to avoid:
 - Radiofrequency treatment of the face for 4 weeks
 - Hyaluronic Acid fillers in the under-eye region for 4 weeks (if polynucleotides have already been used there).
 - Wrinkle Relaxing Injections for 7 days
 - Caffeine in General
6. Report back to Dr Jan if: There is continued redness, warmth, and pain in the injection site after 48 hours.
7. Contact Instagram @dr_robinajan or whatsapp message on 07951479219